



# fact sheet

## Ultra Hydration Gel and Footcare Gel

- > The gels allow the skin to breathe freely (sweat or water can pass in or out of the gel) so the skin is kept clean and dry. When treating feet this can be important as moist feet encourage fungal infections.
- > Because it moisturises the skin with water the gel can assist with the treatment of small cracks and fissures – providing there is no secondary infection.
- > Because of the properties of the gel there is no build up of oil on the skin's surface. The skin does not heat up when massaged and it is still able to sweat freely.
- > Ultra Hydration gel is usually very suitable for diabetics. It is a neutral gel so there is less likelihood of an adverse reaction to a plant active. However, if using Footcare gel it is most advisable to do a small skin test before application if your client is diabetic.
- > Adhesive strapping can be applied immediately after application unlike most other products.
- > The gels do not stain.
- > Medical Double Blind Studies meeting all international standards were carried out by Brighton University in The United Kingdom.

These studies were conclusive that Ultra Hydration Gel hydrated the skin up to 97% better than the other trialled treatments.

Ultra Hydration and Footcare Gels are long lasting and very economical to use. Apply twice a day until skin texture improves then reduce to once every 2nd or third day.

